



# UNIVERSITY CENTRE STRATFORD

## PROSPECTUS

Although great care is taken in compiling this information, it is for the general guidance of prospective students only. Neither Newham College nor University Centre Stratford can guarantee the provision of all degrees and services and reserve the right to make changes to or cancel any degree or syllabus without notice should this be necessary

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# Cognitive Behavioural Psychotherapy (Children and Adolescents)

## MSc, incorporating PG Cert, PG Dip BABCP Accredited

### Course Code:

### Duration:

Full Time: 1 Year  
Part time: up to 3 years

### Career opportunities:

After completing this programme, we'd expect that you could secure employment in the NHS, Social Services, Probation Services, Education, Voluntary and Private Sectors. Or you may take up a research post or go on to Doctoral level training.

### Entry Requirements:

These normally include a related professional qualification (such as mental health nursing, social work), plus evidence of ability to function at degree level; qualifications in counselling and psychotherapy may be acceptable.

If you have a minor qualification in Cognitive Behavioural Psychotherapy, or substantive experience in supervised practice, you may be eligible for entry through the system of Accreditation of Prior Learning (APL).

To be considered for APL, please complete the normal application forms and return with a covering letter. Entry is normally subject to interview.

### Tuition Fees:

**UK/EU students:**  
£600 per module  
(twelve modules)

**International students:**  
£7200 (total)

### Contact:

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

### About the course:

This is a fully accredited British Association of Behavioural Cognitive Psychotherapy programme designed to help you become an autonomous Cognitive Behavioural Psychotherapist equipped to undertake specialist work with children and adolescents.

It focuses on your personal and professional development by:

- Increasing your theoretical understanding
- Enhancing your clinical and professional skills
- Increasing your awareness to become a 'reflective practitioner'
- Deepening personal insight.

It will help you to:

- Develop your understanding of the theoretical, social, cultural and ideological contexts in which your clients perceive, confront and manage problems
- Engage in an in-depth consideration and analysis of the major trends and Orientations within Cognitive Behavioural Psychotherapy (CBP) with children and adolescents
- Adopt an informed and critical approach to the professionalisation of psychotherapy with particular reference to ethical issues
- Identify and use appropriate sources of supervision within CBP practice
- Develop your skills in the delivery of CBP with children and adolescents and their carers
- Carry out a piece of research related to the theory and practice of CBP (MSc stage).

### What you will cover:

#### Postgraduate Certificate Stage

- Fundamentals of Cognitive Behavioural Psychotherapy
- Cognitive Behavioural Theory
- Cognitive Behavioural Psychotherapeutics 1 (Children and Adolescents)
- Professional Cognitive Behavioural Psychotherapy Practices
- Research Appraisal for Practices

#### Postgraduate Diploma Stage

- Ethical, Legal and Professional Dilemmas
- Research Philosophy
- Negotiated Module or Working with Diversity or other optional module
- Cognitive Behavioural Psychotherapeutics 2 (Children and Adolescents)

#### MSc Stage

- Research Methods
- Independent Studies

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# Cognitive Behavioural Psychotherapy (Severe and Enduring Mental Health)

## MSc, incorporating PG Cert, PG Dip BABCP Accredited

### Course Code:

### Duration:

Full Time: 1 Year  
Part time up to 3 years

### Career opportunities:

After completing this programme, we'd expect that you could secure employment in the NHS, Social Services, Probation Services, Education, Voluntary and Private Sectors. Or you may take up a research post or go on to Doctoral level training.

### Entry Requirements:

These normally include a related professional qualification (such as mental health nursing, social work), plus evidence of ability to function at degree level; qualifications in counselling and psychotherapy may be acceptable.

If you have a minor qualification in Cognitive Behavioural Psychotherapy, or substantive experience in supervised practice, you may be eligible for entry through the system of Accreditation of Prior Learning (APL).

To be considered for APL, please complete the normal application forms and return with a covering letter. Entry is normally subject to interview.

### Tuition Fees:

**UK/EU students:**  
£600 per module  
( twelve modules)

**International students:**  
£7200 (total)

### Contact:

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

### About the course:

This is a fully accredited British Association of Behavioural Cognitive Psychotherapy programme designed to help you become an autonomous Cognitive Behavioural Psychotherapist. The course is occupationally focused and helps you become a highly skilled cognitive behavioural psychotherapist working with people with psychosis and/or personality disorders. You'll also have the opportunity to develop exceptional communication and networking skills. At the same time, the programme informs and directs your practice through critical reflection and the interpretation of research findings.

This programme has been designed to meet your needs as a professional. It is also aimed at the significant number of therapists who have undertaken Certificate, Diploma and Degree level qualifications, who want to update their knowledge and skills at Master's level.

You'll cover contemporary assessment, conceptualisation and therapeutic cognitive and behavioural interventions across a wide range of problems. Research training is also given and, in the final year, you'll carry out a research dissertation with supervision.

This programme is designed to help you:

- Develop your understanding of the theoretical, social, cultural and ideological contexts in which your clients perceive, confront and manage problems
- Engage in an in-depth consideration and analysis of the major trends and orientations within Cognitive Behavioural Psychotherapy (CBP)
- Adopt an informed and critical approach to the professionalisation of psychotherapy with particular reference to ethical issues
- Identify and use appropriate sources of supervision within CBP practice
- Develop your skills in the delivery of CBP to your clients
- Carry out a piece of research related to the theory and practice of CBP (MSc stage).

### What you will cover:

#### Postgraduate Certificate Stage

- Fundamentals of Cognitive Behavioural Psychotherapy
- Cognitive Behavioural Theory
- Cognitive Behavioural Psychotherapeutics 1 (Severe and Enduring Mental Health)
- Professional Cognitive Behavioural Psychotherapy Practices
- Research Appraisal for Practices

#### Postgraduate Diploma Stage

- Ethical, Legal and Professional Dilemmas
- Research Philosophy
- Negotiated Module or Working with Diversity or other optional module
- Cognitive Behavioural Psychotherapeutics 2 (Severe and Enduring Mental Health)

#### MSc Stage

- Research Methods
- Independent Studies

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# Cognitive Behavioural Psychotherapy

## MSc, incorporating PG Cert, PG Dip

### BABCP Accredited

#### Course Code:

#### Duration:

Full Time: 1 Year  
Part time: up to 3 years

#### Career opportunities:

After completing this programme, we'd expect that you could secure employment in the NHS, Social Services, Probation Services, Education, Voluntary and Private Sectors. Or you may take up a research post or go on to Doctoral level training.

#### Entry Requirements:

These normally include a related professional qualification (such as mental health nursing, social work), plus evidence of ability to function at degree level; qualifications in counselling and psychotherapy may be acceptable.

If you have a minor qualification in Cognitive Behavioural Psychotherapy, or substantive experience in supervised practice, you may be eligible for entry through the system of Accreditation of Prior Learning (APL).

To be considered for APL, please complete the normal application forms and return with a covering letter. Entry is normally subject to interview.

#### Tuition Fees:

**UK/EU students:**  
£600 per module  
(twelve modules)

**International students:**  
£7200 (total)

#### Contact:

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

#### About the course:

This course is fully accredited by the British Association of Behavioural Cognitive Psychotherapy. It is occupationally focused and helps you to become a highly skilled cognitive behavioural psychotherapist with exceptional communication and networking skills. At the same time, the programme informs and directs your practice through critical reflection and the interpretation of research findings.

This programme has been designed to meet your needs, whether you're a professional or are entering this exciting and vibrant field from a different background. It is also aimed at the significant number of therapists who have undertaken certificate, diploma and degree level qualifications, who want to update knowledge and skills at Master's level.

You'll cover contemporary assessment, conceptualisation and therapeutic cognitive and behavioural interventions across a wide range of problems. Research training is also given and in the final year you'll carry out a research dissertation with supervision.

This programme is designed to help you:

- Develop your understanding of the theoretical, social, cultural and ideological contexts in which your clients perceive, confront and manage problems
- Engage in an in-depth consideration and analysis of the major trends and orientations within Cognitive Behavioural Psychotherapy (CBP)
- Adopt an informed and critical approach to the professionalisation of psychotherapy with particular reference to ethical issues
- Identify and use appropriate sources of supervision within CBP practice
- Develop your skills in the delivery of CBP to your clients
- Carry out a piece of research related to the theory and practice of CBP (MSc stage).

#### What you will cover:

##### Postgraduate Certificate Stage

- Fundamentals of Cognitive Behavioural Psychotherapy
- Cognitive Behavioural Theory
- Cognitive Behavioural Psychotherapeutics 1
- Professional Cognitive Behavioural Psychotherapy Practices
- Research Appraisal for Practices

##### Postgraduate Diploma Stage

- Ethical, Legal and Professional Dilemmas
- Research Philosophy
- Negotiated Module or Working with Diversity or other optional module
- Cognitive Behavioural Psychotherapeutics 2

##### MSc Stage

- Research Methods
- Independent Studies

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# Integrative Counselling Practice

## MA, incorporating PG Cert, PG Dip

### BACP accredited

**Course Code:**

**Duration:**

Full Time: 1 Year  
Part time up to 3 years

**Career opportunities:**

Past graduates have been employed in a wide variety of counselling settings such as general practice, health and social services, voluntary organisations and private practice.

**Entry Requirements:**

These normally include an undergraduate degree in a topic related to counselling practice plus some counselling experience. Professional qualifications related to counselling practice (such as Mental Health Nursing, Social Work or Youth and Community Work), plus evidence of ability to function at degree level plus counselling experience.

**Tuition Fees:**

**UK/EU students:**  
£500 per module (12 modules)  
Annual writing up fee £450  
You will also need to pay a clinical supervision fee.

**International students:**  
£6450 plus clinical supervision fee

**Contact:**

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

**About the course:**

This course will enhance your personal and professional development by:

- Increasing your theoretical understanding;
- Enhancing your clinical skills;
- Increasing your awareness to become a 'reflective practitioner';
- Deepening your personal insight.

You'll be encouraged to:

- Develop your understanding of the theoretical, social, cultural and ideological contexts in which your clients perceive, confront and manage problems;
- Engage in in-depth consideration and analysis of major trends and orientations within integrative therapeutic work;
- Adopt an informed and critical approach to the professionalisation of psychotherapeutics with particular reference to ethical issues;
- Identify and use appropriate sources of supervision within counselling practice;
- Develop skills in working from an integrative position with your clients;
- Carry out a piece of research related to the theory and practice of integrative counselling practice (Master's stage).

**What you will cover:**

Postgraduate Certificate Stage

- Counselling Psychology
- Counselling Practice 1
- Research Appraisal in Practice
- Counselling Theory and Practice 2
- Professional Practice in Counselling

Postgraduate Diploma Stage

- Ethics and Law in Psychotherapeutic Practice
- Research Methodology and Philosophies
- Negotiated Module or Working with Diversity
- Counselling Theory and Practice 3

MSc Stage

- Research Methods
- Independent Studies

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# Counselling in Professional Development

## MA, incorporating PG Cert, PG Dip

### Course Code:

### Duration:

Full Time: 1 Year  
Part time up to 3 years

### Career opportunities:

This course enhances your current skills and will allow you to develop your day-to-day role.

### Entry Requirements:

These normally include qualifications such as BEd, BA (Soc Sci), CQSW, Dip SW, RGN, RMN, Youth and Community Work Certificate.

Applications are also encouraged from those who have a strong interest in counselling, but who have no formal qualifications.

A system of Assessment of Prior Learning (APL) is available as an entry mode. To be considered for APL, please complete the normal application forms and return with a covering letter. Entry is normally subject to interview.

### Tuition Fees:

#### UK/EU Students:

£500 per module  
Plus annual writing  
up fee of £450

#### Overseas students

£6450 ( total cost:)

### Contact:

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

### About the course:

If you are working in a profession such as nursing, social work, education, religious environments, youth and community work and personnel, you may see counselling as an enhancement of your work.

This course provides the opportunity to study the theory and skills involved in counselling in different professions in a critical and enquiring fashion. The interplay between counselling and other professional groups is a core element within this course.

You'll be encouraged to:

- Develop your understanding of the theoretical, social, cultural and ideological contexts in which your clients perceive, confront and manage problems.
- Engage in in-depth consideration and analysis of major trends and orientations within counselling.
- Adopt an informed and critical approach to the ethical considerations involved in your work.
- Identify and use appropriate sources of supervision within counselling practice.
- Develop skills in working within the context of your existing role.
- Carry out a piece of research related to the theory and practice of counselling in professional development (Masters).

### What you will cover:

#### Postgraduate Certificate Stage

- Counselling Psychology
- Counselling Practice I
- Research Appraisal in Practice
- Developing Counselling Skills
- Theories of Counselling in Context

#### Postgraduate Diploma Stage

- Ethics and Law in Psychotherapeutic Practice
- Research Methodology and Philosophies
- Negotiated Module or Working with Diversity
- Placement and Literature Review

#### MA Stage

- Research Methods
- Independent Studies

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# Cognitive Behavioural Skills and Studies Advanced Diploma

## Course Code:

## Duration:

Part time 1 year

## Career opportunities:

This is the first step in becoming an accredited Cognitive Behavioural Psychotherapist. It's the first year of the four years' training you need to become an accredited Cognitive Behavioural Psychotherapist with the British Association for Behavioural and Cognitive Psychotherapies (BABCP) if you do not have a core profession. You can apply for the MSc Cognitive Behavioural Psychotherapy at Derby, which provides the final three years' training before you can apply for accreditation with the BABCP.

## Entry Requirements:

Apply directly to the UCS. You'll need:

- University Diploma in Psychotherapeutics or the equivalent
- The ability to work independently
- Computer access to complete an online application form complete with suitable references

## Tuition Fees:

**Students pay:**  
£350 per module  
( in total 4 module)

## Contact:

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

## About the course:

This course will broaden your understanding of psychotherapeutics if you've got healthcare qualifications, or build on previous study such as the University Diploma in Psychotherapeutics. It's also an opportunity to continue your studies in Cognitive Behavioural Psychotherapy if you're an overseas student. During the course you'll learn how to apply the theory of cognitive behavioural practice and use those skills in your current job. You'll also be well prepared to carry on with your studies as a professional Cognitive Behavioural Psychotherapist.

## What you will cover:

The course has four modules:

**Applied Cognitive Behavioural Theory:** This looks at the various theoretical explanations which co-exist within the cognitive behavioural paradigm. You'll examine four case studies of common human problems, anxiety, depression, simple phobias, and panic with agoraphobia.

**Assessing and Relating:** You'll be introduced to the nature of assessment within cognitive behavioural practice, the difference between ideographic and nomothetic assessment, the need for accurate measurement and the nature of the relationship within cognitive behavioural practice.

**Preparation for Practice:** Practicing Therapeutic Counselling or Psychotherapy is not simply amassing the skills and knowledge required to make effective interventions, it also involves the practitioner in an engagement which may challenge their norms and perceptions, understand ethical codes of practice, and consider the boundaries inherent within the therapeutic relationship. This module will ask you to address these issues in a structured and critical way to prepare you for practice.

**Psychopathology and Psychopharmacology:** This module will introduce you to the basic concepts of psychopharmacology as applied to distinct psychopathologies. You'll appreciate the neurological underpinnings of chemical interventions and the strengths and weaknesses of the approach. Furthermore you'll gain an in depth understanding of several psychopathologies and the diagnostic tools used to identify these.

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# Therapeutic Counselling Level 4 Diploma (CPCAB)

**Course Code:**

**Duration:**

1 year full time  
2 years part time

Includes residential

**Career opportunities:**

Successful candidates may progress onto the second year of the BA (Hons) degree programme in counselling, or onto CPCAB's Level 5 Diploma in Psychotherapeutic Counselling Level 6 Diploma in Therapeutic Counselling Supervision

**Entry Requirements:**

Candidates must have acquired both CPCAB's Level 2 Certificate in Counselling Skills and Level 3 Certificate in Counselling Studies, or their APL and/or APEL equivalents.

**Tuition Fees:**

UK and EU: £2750 FT  
£1500 PT (pa)  
International: £5500

**Additional costs:**

CPCAB registration fee:  
£299 per annum FT  
£199 per annum PT

Residential (second phase)  
costs: in region of £600

**Contact:**

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

**About the course:**

This qualification is intended for candidates who want to train to become a counsellor working in a counselling service agency. There are many different agencies and many types of associated counselling services, but all agencies should provide the trainee with a service framework that includes both a line manager and clinical supervision.

Successful completion of the qualification means that the trainees will be able to provide a therapeutic counselling service - initially within the context of an agency's service framework, but later (with experience and support from a supervisor, or by completing the level 5 Diploma in Psychotherapeutic Counselling or its equivalent) they may progress to independent practice.

It will explore a range of areas, including:

- The legal requirements for counselling work and record keeping
- Teamwork skills to work with agency team members
- Using clinical supervision
- Exploring and challenge your own issues, fears and prejudices
- Exploring how to widen access to counselling provision
- Exploring how to work with a third party to aid communication
- Communicate an openness to listen to your client's agenda
- Using counselling theory
- Using awareness of your self during counselling sessions
- Using evidence-based research to enhance your client work
- Using understanding of common life events and situations to work effectively at Service Level A and B1
- Using clinical supervision to identify clients with severe mental health problems and support the referral process

**What you will cover:**

Units:

- Work Ethically and Safely as an Agency Counsellor
- Work within a Counselling Relationship
- Work with Client Diversity
- Work within a User-Centred Agency Approach
- Work with Self-Awareness in the Counselling Process
- Work within a Framework of Counselling Theory & Skills
- Work Self-Reflectively as an Agency Counsellor

This course is at the same level as Year 1 of BA (Hons) degree programme

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# Certificate in Cognitive Behavioural Therapeutic Skills and Theory, & Diploma in Psychotherapeutic Counselling Level 5 (CPCAB)

**Course Code:**

**Duration:**

1 year full time  
2 years part time

**Career opportunities:**

Successful completion of this course means that the trainees will be able to work as an independent, professional counselling practitioner and/or provide a therapeutic counselling service within the context of an agency's service framework.

**Entry Requirements:**

Candidates must have completed the CPCAB Diploma in Therapeutic Counselling or an equivalent qualification of at least 450 hours

**Tuition Fees:**

UK and EU: £2750 Full time  
£1500 Part time (pa)  
International: £5,500

Additional costs:  
CPCAB registration fee: £199

**Contact:**

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

**About the course:**

These paired qualifications are intended for candidates who want to work as counsellors and develop CBT skills and theory as an integral part of their counselling work.

The Certificate will explore a range of areas, including how to:

- Use assessment data to produce an initial case formulation and to inform treatment interventions
- Explain the CBT way of working.
- Use appropriate tools and techniques to identify the client's achievable therapeutic goals and outcomes
- Apply CBT concepts, tool and techniques to yourself to develop yourself awareness.
- Explain and apply key concepts of the main theories informing the cognitive model of emotional disorders, to structure your work with a client.
- Identify issues requiring supervision.
- Apply CBT supervision support to client work

The Diploma will explore a range of areas, including how to:

- Establish & maintain an appropriate framework for Independent Practice.
- Practice as a senior counsellor within an Agency.
- Facilitate understanding of working in health settings.
- Carry out client assessments (including identifying and referring clients with severe and complex mental health problems).

**What you will cover:**

Certificate in Cognitive Behavioural Therapeutic Skills includes:

- Work safely using the CBT framework
- Work within the structure of the CBT relationship
- Work with difference and diversity within the CBT framework
- Work within the structure of the CBT framework to provide user centred therapy
- Work with self awareness in the CBT process
- Work with CBT theory and skills in the therapeutic process

Diploma in Psychotherapeutic Counselling includes:

- Work within a counselling relationship as an independent & senior counsellor
- Working with difference and diversity as an independent & senior counsellor
- Work within a user-centred approach as an independent and senior counsellor
- Work within an integrated framework of counselling theory and skills

This course is at the same level as year 2 of BA (Hons) degree programme

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# Therapeutic Counselling Supervision Level 6 Diploma (CPCAB)

**Course Code:**

tbc

**Duration:**

6 months full time  
1 year part time

**Career opportunities:**

Successful candidates may progress to study for a full counselling degree, or use the qualification to supplement existing counselling skills, enabling further career development.

**Entry Requirements:**

Candidates must have completed either:

CPCAB Level 5 Diploma and the Level 5 Certificate (or their APL and/or APEL equivalent - min. 450 hours GLH, including prior qualifications) and must also have acquired one additional year (part-time) of supervised clinical experience (post Level 5 Diploma) prior to starting the Level 6 Diploma in Therapeutic Counselling Supervision course.

Or must have completed:

CPCAB Level 4 Diploma in Therapeutic Counselling (or its APL and/or APEL equivalent - min. 450 hours GLH, including prior qualifications) and must also have acquired two additional years (part-time) of supervised clinical experience (post Level 4 Diploma) prior to starting the Level 6 Diploma in Therapeutic Counselling Supervision course.

**Tuition Fees:**

UK and EU: £2000 full time  
£2000 part time  
International: £5,500

Additional costs:

CPCAB registration fee: £199  
Residential costs: £600

**Contact:**

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

**About the course:**

This qualification is intended for candidates who want to learn the skills to provide clinical supervision for counselling practitioners who are working with clients at Service Levels A and B. It can lead to a degree course, or supplement a degree course.

Participants will need to:

- Have both supervisees and supervisory supervision;
- Be working as counsellors under supervision.

The supervisory skills learned will equip participants to manage the fundamental aspects of the clinical supervisor's role, including:

- Providing supervisee support and guidance;
- Encouraging self review;
- Monitoring supervisee progress;
- Managing legal and ethical boundaries;
- Developing awareness of the supervision process;
- Working with relationship issues which impact on both the counselling and supervision process.

**What you will cover:**

Units:

- Supervise the counselling framework for counselling practice
- Supervise the counselling relationship
- Supervise the application of diversity awareness within counselling work
- Supervise the application of a user-centred approach within counselling work
- Supervise the application of self awareness within counselling work
- Supervise the application of theory and skills within counselling work
- Supervise reflection on counselling practice

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**Course Code:**

tbc

**Duration:**

One year ft  
6 months pt

**Career opportunities:**

This programme can support your move to postgraduate study in Psychotherapeutics at Masters level.

**Entry Requirements:**

This course attracts people of differing abilities so admission criteria vary. You may have a first degree, but no experience of psychotherapeutics or you may not have a degree but experience of counselling and want to increase your knowledge and skills. So you'll be assessed on your ability to study independently, articulate the ways in which this course can be used, self-awareness, IT skills and computer access. You need to provide a CV/ Resume detailing your academic and work experience.

**Tuition Fees:**

Student fees:  
UK/EU  
£400 per module  
Four modules

International  
students  
£1600 total

**Contact:**

**Jorgen Booth**  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

**About the course:**

This programme provides you with an introduction to a variety of counselling/psychotherapy theories and an understanding of skills. The course is useful if you wish to develop your knowledge and skills to prepare for postgraduate study, or apply skills and theory of Psychotherapeutics to your current role.

This programme is aimed at you if:

- You're interested in a change of career and are hoping to develop as a counsellor or psychotherapist;
- You've been working as an untrained counsellor and wish to move on into more in-depth study in counselling and psychotherapy, but are concerned about your academic ability and wish to prepare for postgraduate study;
- You're working in statutory and voluntary services and wish to develop your skills in your current role;
- You're just interested in the subject and wish to develop your understanding;
- You've completed an undergraduate degree in a related subject and now wish to undertake further development before committing yourself to a career in counselling.

Students need to be computer literate, and have the facility to be able to play video/audio CD ROM.

**What you will cover:**

The programme consists of four modules:

- Study Skills
- Psychotherapeutic Theory
- Psychotherapeutic Skills
- Psychotherapeutics in Context.

# Systemic Thinking and Practice

## PG Certificate

### Intermediate Level

(Association of Family Therapy)

**Course Code:**

**Duration:**

Part time 1 year

**Career opportunities:**

This course is suitable for you if you wish to extend your knowledge and practice of systemic theory and family therapy ideas in the workplace. It is suitable for people who work in a variety of agency settings in statutory and non-government projects and across all age groups. It is a stand-alone course, but if you have a host profession and wish to become a qualified Family Therapist/Systemic Psychotherapist, it will equip you to continue towards the award of an MSc.

**Entry Requirements:**

You'll need to have successfully completed the University Advanced Diploma in Systemic Practice and Family Therapy or equivalent Foundation level training.

**Tuition Fees:**

£400 per module  
(4 Modules)

**Contact:**

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

**About the course:**

It's aimed at multi-agency, multi-professional participants who work with a range of client groups presenting a range of challenges, symptoms, issues or difficulties. Each year of the Systemic Practice framework builds upon the last and is aimed at offering a strong theoretical underpinning of theory applied to practice settings.

There's an emphasis on creating a safe group context both in the academic and clinical aspects of the course, to facilitate learning.

The research appraisal half module is delivered jointly with participants from Postgraduate Certificate programmes in different models, for example Cognitive Behavioural Psychotherapy which offers the opportunity to view research issues from many perspectives.

You will be required to complete 60 hours of Systemic Practice within your current work setting supported by your agency supervisor. The course is accredited by the Association for Family Therapy (AFT) at Intermediate level.

**What you will cover:**

- Anti-Opressive Behaviour
- Systemic Theory in Practice
- Research and Professional Development
- Research Appraisal for Practice
- Systemic Skills Development and Practice

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# Systemic Thinking and Practice

## University Advanced Diploma Foundation Level (Association of Family Therapy)

**Course Code:**

**Duration:**

Part time 1 year

**Career opportunities:**

This stand-alone course is for you if you wish to enhance your current practice. It also forms the first year of a four-year programme leading towards the award of an MSc for those who wish to become a qualified Family Therapist/Systemic Psychotherapist.

**Entry Requirements:**

You'll usually need a professional qualification at Diploma in Higher Education level, like social work, nursing, youth work, teaching, psychology or medicine. You'll also be assessed by references and an interview.

**Tuition Fees:**

£400 per module  
(4 Modules)

**About the course:**

This course is accredited by the Association of Family Therapy at Foundation level. You'll be introduced to systemic thinking and practice. You'll develop an understanding of the connections between your personal history, beliefs and ideas and your current practice within your agency and professional contexts. You'll build upon your knowledge, beliefs and experiences within your own work context and develop a theoretical understanding of systemic thinking and practice. You'll explore a range of presenting problems and contexts spanning the lifecycle from birth to old age.

This course will encourage you to;

- Develop your self-reflexivity and a range of systemic practice skills.
- Identify a range of systemic models and approaches.
- Promote ethical thinking and practice.
- Become familiar with the research debates in the field.
- Develop knowledge base and enhance critical faculties.
- Enhance skills and promote application of ideas at work.
- Small group work to develop self-reflexivity and skills.

It offers you a unique opportunity to study a multi-agency, multi-professional programme taught by skilled Systemic Practice and Family Therapy practitioners.

**What you will cover:**

The programme is based on a modular system. On a part-time basis, you'll study 4 modules (or equivalent), each module having the value of 15 credits. These modules may consist of:

- The Practitioner in Context
- Self Reflexivity
- Systemic Thinking and Practice 1
- Systemic Thinking and Practice 2

## OCN Access Course in Counselling (level three)

**Course Code:**

Tbc

**Duration:**

Part time Two years  
Full time One year

**Career opportunities:**

This course can lead on to further courses in counselling in a professional capacity.

**Entry Requirements:**

This course requires a real interest to study the field of counselling and it is recognised that many students will not have standard qualifications

**Tuition Fees:**

£1,250 Full time  
£ 675 Part-time

See opposite for categories of students who attract fee waivers and/or financial assistance.

**Contact:**

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

**About the course:**

This course is intended to give students access to higher education opportunities in the field of counselling. As with all access courses at Newham College this course will enable students who may not have the standard academic requirements to develop the skills that are vital for study at level four and above. A broad introduction to the concepts and theories of counselling will be extended through development of study skills. All Access courses have a one hour tutorial each week for Progression and Employability Skills as well as regular individual tutorials.

On successful completion of the course students gain an Assess to Higher Education Diploma in Counselling. skills to make an informed choice about whether they wish to pursue their counselling studies, with a view to working as a counsellor or in an allied profession

**What you will cover:**

- Introduction to Counselling ideas
  - Introducing Counselling Skills
  - Introducing Personal Skills
  - Further Counselling Skills
  - Further Personal Development
  - Creating a Professional Structure
  - Placement
  - Counselling Theory
  - Reflection and Planning
  - Prep for HE
  - Exam Skills
  - Is Research Skills
  - Writing Skills
  - Study Skills
- 
- UK/EU Students/asylum seekers 16-18
  - 19-24 first level
  - 25+ first level 3 with no previous level
  - Recipients of certain benefits (JSA, Income Support, Housing/Council Tax Benefits, Working Tax Credits, NASS
  - Student Welfare Fund Priority Groups : (Contact Student Welfare for information)

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## Is Counselling For Me? Taster Course

**Course Code:**

tbc

**Duration:**

Part time. 10 hours spread  
over 5 weeks

**Career opportunities:**

This course can lead on to  
further courses in  
counselling.

**Entry Requirements:**

No previous training or  
experience is required.

**Tuition Fees:**

£95

**Contact:**

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

**About the course:**

This short course is intended to give students a taste of counselling so that they can make an informed choice about whether they wish to pursue their counselling studies, with a view to working as a counsellor or in an allied profession.

On successful completion of the course students gain a Certificate of Achievement. Gaining the Certificate of Achievement provides access to University Centre Stratford's Level 2 Certificate in Counselling Concepts (accredited by ABC).

**What you will cover:**

The course will enable you to answer the following questions:

- What is counselling?
- How is counselling different from other related professions?
- What is involved in counselling?
- What is counselling theory and what is counselling practice?
- Is counselling for me?

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## Effective Listening Skills Level 2 Award (CPCAB)

**Course Code:**

tbc

**Duration:**

This is a part-time course, spread over a series of weeks lasting a total of 15 hours

**Career opportunities:**

The course is appropriate to all who wish to develop their communication skills for professional or personal reasons.

It can lead on to further courses in counselling or be part of a range of continuing professional development courses

**Entry Requirements:**

No previous training or experience is required.

**Tuition Fees:**

£150

CPCAB candidate registration:  
£38

**Contact:**

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

**About the course:**

This qualification is intended for students who wish to develop their listening skills in order to:

- Improve communication;
- Improve existing work roles;
- Enhance personal relationships;
- Improve collegial relationships within workplace teams;
- Enhance helping relationships;
- Promote better community relations.

**What you will cover:**

You will find out how to:

- Find a safe place and explain any limits to the listening activity.
- Help an individual feel welcomed and able to talk.
- Reply to what the individual is saying, so that you show an understanding of their worries and feelings.
- Show that you accept the individual without judging them
- Use attending skills to listen effectively.
- Write about how the listening activity affected you and get support if you need it.
- Use listening skills to manage the listening activity and to check what other supports an individual might find helpful.
- Write about your use of skills in order to make your listening more effective.

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## Certificate in Counselling Concepts Level 2 (ABC)

**Course Code:**

**Duration:**

30 hours spread over 10 weeks,  
3 hours/week

**Career opportunities:**

Successful completion of the course provides entry to level three courses in counselling.

It is also suitable for those who do not intend to continue their studies further in the field of counselling, as the course can be a valuable introduction to communication skills transferable into a range of career and educational opportunities.

this level of course is not intended to train counsellors and students will not be qualified to practice as counsellors on completion of this course, or even claim to be competent in the use of counselling skills.

**Entry Requirements:**

The course is open to all but prospective learners must realise that the course involves experiential learning and self-awareness exercises, which will be demanding of the self in interaction with others.

**Fees**

£300

**Contact:**

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

**About the course:**

This course is accredited by ABC. It is intended as a basic generic introduction to counselling for those who have had no previous experience of or training in the field of counselling. Its versatility appeals to a wide range of potential learners and includes those who are considering embarking on formal counselling training as an intended career change. The course allows learners to make a more informed choice as to whether or not to embark on a demanding vocational training towards a possible career in counselling or an allied career, e.g. welfare advice work, where counselling skills would be useful. It is also intended for those who wish to improve their listening and communication skills.

The Certificate in Counselling Concepts is an open access course for those:

- Returning to study
- Seeking a career change
- Undertaking voluntary work
- Enhancing career prospects through extra qualifications
- Thinking of training as a professional counsellor
- Seeking development of enhanced social skills

**What you will cover:**

Unit 1: An Appreciation of the Basics of Counselling, the Professional Context and Relationship

- What counselling is
- Counselling ethical framework.
- Creating the correct counselling environment
- Counsellor and client safety in creating the right ethos for the counselling relationship.

Unit 2: An Introduction to the Skills used by a Counsellor

- Effective communication skills used in a helping relationship.
- The counselling process as a professionally managed activity, with a start, middle and end

Unit 3: An Introduction to Personal Development

- What the course has meant to you.
- Individual personal development and increased and/or increasing self awareness.
- Your their strengths and weaknesses in terms of the impact of the training received.

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## Listening Support Skills Level 2 Award (CPCAB)

### Career opportunities:

This is a stand-alone course, especially suitable for support workers who wish to use listening skills in their support of others.

It can lead on to further courses in counselling or be part of a range of continuing professional development courses

### Entry Requirements:

No previous training or experience is required.

### Tuition Fees:

£200

CPCAB candidate registration:  
£38

### Contact:

Jorgen Booth  
Tel. 0208 257 4623  
Jorgen.Booth@newham.ac.uk

### About the course:

This qualification is intended for students who wish to use listening support skills in any of the following:

- Peer support work;
- As an important element of work as a helping professional;
- To improve work relations by supporting colleagues at work;
- To work with helping relationships;
- To support service users;
- To support the roles of para-professionals and volunteers drawn from the local community;
- To enhance community relations.

### What you will cover:

#### Units will cover how to:

- Explain the nature and limits of your support work, including confidentiality
- Establish and maintain a support relationship.
- Enable an individual to explore their feelings and concerns.
- Communicate acceptance of another individual who is different to you.
- Stay focused on an individual's feelings and concerns during the session.
- Explore your own feelings in response to providing support.
- Use listening support skills to communicate empathic understanding of an individual's feelings and concerns.
- Close a session and end the support work sensitively.
- Draw on support for your support work.
- Use feedback to improve your listening support skills

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# Community Regeneration and Development Foundation Degree (Arts)

**Course Code:**

**Duration:**

FT 2 years  
PT 4 years  
Taught &  
Flexible online

**Career opportunities:**

Community Regeneration and Development is a growth area that presents a wide range of interesting and challenging job opportunities.

Our students have gained promotion, moved into paid employment and gained new better-paid jobs often as a direct outcome of this course.

There are also opportunities for students to progress to higher degrees and other professional education.

**Entry Requirements:**

Experience of community regeneration and development work (on a voluntary or paid basis) and a capacity to study at Foundation Degree level.

**Tuition Fees:**

£450 per module  
(most students are able to  
access assistance / loans etc)

**Contact:**

Michael Pughsley  
Tel. 0208 257 4636  
Michael  
Pughsley@newham.ac.uk

**About the course:**

The course as with all foundation degrees aims to accredit learning through work as an integral part of the degree.

The course is particularly suitable for non-traditional learners with considerable work experience, many of whom have not enjoyed their education previously but who have valuable experience of life and working in the voluntary and community development sectors. It's a flexible course that's offered on a full or part time basis - although it's classed as a full time course you're only required to attend one day a week.

This course is designed and delivered by practitioners for practitioners. It validates your practice, providing you with a recognised qualification and is taught by a team of skilled professionals who understand the needs of mature students. The course has an excellent success rate and is valued by both students and employers throughout the community development and voluntary sectors where it has been run.

**What you will cover:**

**Year 1 modules**

- Capacity Building in the Community
- Personal Vocational Development
- Social Policy 1
- Context and Purposes of Community Development
- Inequalities and Oppression: Structure and Experience
- Community Research

**Year 2 Modules**

- Management and Organisational Development
- Marketing and Public Relations
- Preparation for Work Based Project
- Work Based Project
- Social Policy 2
- Managing Financial Resources
- Young People Communities and Health

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# Voluntary Sector Management Foundation Degree (Arts)

**Course Code:**

**Duration:**

Full time two years  
Part time four years

One additional year full time or  
two part-time for BA (Hons)

**Career opportunities:**

Our students have gained  
promotion within their organisation  
often as a direct outcome of this  
course.

There are also opportunities for  
students to progress to higher  
degrees and other professional  
education.

**Entry Requirements:**

**1. Qualifications at level three  
or equivalent evidence of work  
standard, are required.**

2. Experience of work within the  
voluntary sector and the  
Agreement of "employer " to your  
involvement in the course.

**Tuition Fees:**

**£450 per module ( students are  
usually eligible for assistance /  
loans etc.)**

**Contact:**

Michael Pughsley  
Tel. 0208 257 4636  
Michael.Pughsley@newham.ac.uk

**About the course:**

The course as with all foundation degrees aims to accredit learning through work as an integral part of the degree. Students will develop a sound base of knowledge in the voluntary sector, critically reflect upon present provision and anticipate developments within the sector. The course will encourage students to become reflective practitioners within their workplace setting and to develop a range of key personal transferable skills.

Students who successfully complete the FdA in Voluntary Sector Management will be able to progress to a full degree of Bachelor of Arts with Honours

**What you will cover:**

**Phase one Prescribed Modules**

- Personal and Professional Development 1
- Negotiated Workplace Module 1
- Managing and Implementing Change in the Voluntary Sector
- Understanding Volunteering
- Resourcing in the Voluntary Sector

**Phase one Optional Modules**

- Risk Assessment and Control
- Introduction to Health & Safety
- Developing Young People and Adults
- Marketing in the Voluntary Sector
- Discrimination
- Managing People in the Voluntary Sector
- 

**Phase two Prescribed Modules**

- Personal and Professional Development 2
- Negotiated Workplace Module 2
- Leading and Managing Teams in the Voluntary Sector
- 

**Phase two Optional Modules**

- Quality Assurance and Enhancement in the Voluntary Sector
- Evaluation and Accountability in the Voluntary Sector
- Employment Law in the Voluntary Sector
- Protecting Children, Young People and Vulnerable Adults
- Strategies for Resource Development and Fundraising

This programme draws into the learning process the work you are already carrying out within your voluntary organisation. Throughout your studies you will engage in critical reflection on work you have in hand through mentoring, group presentations and structured journal-keeping. You will have access to a wide variety of resources, including the facilities at the University Centre Stratford and online tutor support.

**How will I be assessed?**

All modules will be assessed through coursework and assignments which will allow students to demonstrate their skills and knowledge through case studies, learning logs, reports and assignments.

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# Pastoral Leadership in the Salvation Army Foundation Degree (Arts)

**Course Code:**

**Duration:**

Full time two years  
Part time four years

One additional year full time or  
two part-time for BA (Hons)

**Career opportunities:**

Our students have gained  
promotion, often as a direct  
outcome of this course.

There are also opportunities for  
students to progress to higher  
degrees and other professional  
education.

**Entry Requirements:**

Experience of work in The  
Salvation Army (on a voluntary or  
paid basis) and a capacity to  
study at Foundation Degree level.

**Tuition Fees:**

£450 per module (students are  
usually eligible for assistance,  
loans etc)

**Contact:**

Michael Pughsley  
Tel. 0208 257 4636  
Michael.Pughsley@newham.ac.uk

The Foundation degree programme in Pastoral Leadership is offered by  
University College Stratford with The Salvation Army

**Why study Pastoral leadership?**

The programme seeks to assist The Salvation Army by providing high –  
quality training to lay people who are increasingly required to assume  
strategic pastoral roles in their churches and communities.

To join the course students will need to be practising Salvationists,  
involved in the pastoral work of the church, in either a voluntary or paid  
capacity, and able to give a minimum of five or six hours a week to work  
within the church context.

**About the course:**

Throughout the programme, you will engage in structured reflection upon  
your ongoing pastoral work, and will build up appropriate pastoral skills  
such as planning prayer and offering appropriate pastoral support. In  
common with all Foundation degrees, you will also be expected to develop  
a number of key skills – such as communication skills and team-working.  
You will be helped to develop these within the particular focus of your  
pastoral setting. You will also study a number of core theological themes  
that will equip you with a better understanding of the developing situation in  
the churches, and a deeper insight into the roles you may be asked to  
perform in the future.

**What you will cover:**

**Year 1 modules**

- Reflection on Pastoral Experience and Learning
- Portfolio of Reflective Practice
- The Corps, Centre, or local church in Today's World
- Education in Faith – Adult Life and Community Engagement
- God's Word for Today
- Sacrificial Living in the Salvation Army

**Year 2 Modules**

- Building an Inclusive Church Community
- Christ in Scripture and Tradition
- Education in Faith – Children and Young People
- Corps / Centre Management
- Pastoral and Ethical Issues in Church life
- Negotiated Learning – an opportunity to study a subject of  
your choice in greater depth

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prospective students only. Neither Newham College nor University Centre Stratford can  
guarantee the provision of all degrees and services and reserve the right to make changes to or  
cancel any degree or syllabus without notice should this be necessary.



# Pastoral Leadership in Faith Based Organisations Foundation Degree (Arts)

**Course Code:**

**Duration:**

Full time two years  
Part time four years

One additional year full time or  
two part-time for BA (Hons)

**Career opportunities:**

Our students have gained promotion often as a direct outcome of this course.

There are also opportunities for students to progress to higher degrees and other professional education.

**Entry Requirements:**

Experience of work in a faith based Organisation (on a voluntary or paid basis) and a capacity to study at Foundation Degree level.

**Tuition Fees:**

£450 per module (students are usually eligible for assistance/ loans etc)

**Contact:**

Michael Pughsley  
Tel. 0208 257 4636  
Michael.Pughsley@newham.ac.uk

**Why study Pastoral leadership?**

The programme seeks to assist Faith Based Organisations by providing high – quality training to lay people who are increasingly required to assume strategic pastoral roles in their churches and communities.

To join the course students will need to be practising their faith, involved in the pastoral work of their church, in either a voluntary or paid capacity, and able to give a minimum of five or six hours a week to work within the church context.

**About the course:**

Throughout the programme, you will engage in structured reflection upon your ongoing pastoral work, and will build up appropriate pastoral skills such as planning prayer and offering appropriate pastoral support. In common with all Foundation degrees, you will also be expected to develop a number of key skills – such as communication skills and team-working. You will be helped to develop these within the particular focus of your pastoral setting. You will also study a number of core theological themes that will equip you with a better understanding of the developing situation in the churches, and a deeper insight into the roles you may be asked to perform in the future.

**What you will cover:**

**Year 1 modules**

- Reflection on Pastoral Experience and Learning
- Portfolio of Reflective Practice
- The Centre, or local church in Today's World
- Education in Faith – Adult Life and Community Engagement
- God's Word for Today
- Sacrificial Living

**Year 2 Modules**

- Building an Inclusive Church Community
- Christ in Scripture and Tradition
- Education in Faith – Children and Young People
- Corps / Centre Management
- Pastoral and Ethical Issues in Church life
- Negotiated Learning – an opportunity to study a subject of your choice in greater depth

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# Voluntary Sector and Volunteering Certificate of Achievement Learning Through Work

**Course Code:**

**Duration:**

1 semester full time  
2 semesters part time

**Career opportunities:**

Volunteering helps to promote a fairer, more cohesive society in which individuals feel they have a stake. It also helps build bridges between communities and local organisations eg higher education institutions. Through volunteering, you'll gain new perspectives and develop your employment skills, while enhancing the quality of life for other people in disadvantaged sections of the community.

**Entry Requirements:**

Minimum period of 70 hours as a volunteer in a voluntary or community organisation

**Tuition Fees:**

£600

**Contact:**

Michael Pughsley  
Tel. 0208 257 4636  
Michael.Pughsley@newham.ac.uk

**About the course:**

This course is designed to encourage an appreciation of volunteering and an awareness of the voluntary sector. In order to complete the Certificate you're required to undertake a minimum period of 70 hours as a volunteer in a voluntary or community organisation. Although this volunteering placement is not assessed, evidence that you have completed the required number of hours of volunteering during the period you are registered on the module will form part of your submission.

The programme offers you the opportunity to develop your knowledge and understanding of the voluntary sector and your chosen organisation within that sector and give you the chance to study the structure and management of voluntary organisations as well as the roles of volunteers. It offers the chance to reflect on what it is like to volunteer, and the benefits of volunteers to voluntary organisations. In addition it will help you to develop different writing styles of use in the workplace and allow you to test your abilities on a small scale rather than attempt a major qualification.

The course is designed for distance learning with limited attendance at the UCS. You'll have online discussions with your tutor and other students. You'll also research information on the internet and through directed reading, although you will be an enrolled student at UCS and able to use our facilities.

You'll also have the opportunity to participate in a session at UCS that will be arranged to suit your requirements. This session will provide background information on the voluntary sector and give you the opportunity to discuss with others various aspects of the course.

**What you will cover:**

The course is divided into four components based around your volunteering placement: setting up a placement, the voluntary sector, placement organization and volunteering.

The components will show you how to:

- Give you an opportunity to learn more about the voluntary sector in a structured way.
- Build on what you've already learned.
- Give you the chance to gain a university qualification.
- Study flexibly, so you can study at a time and pace that suits you.
- Enhance your CV, not only by proving that you can undertake academic work, but also by adding to your experience, through the volunteering placement.

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# Commercial Law

## LL.M

### Course Code:

### Duration:

Full time 1 years  
Part time up to 3 years

### Career opportunities:

You'll enhance your awareness of legal implications in day-to-day operations, whether you're from the legal or business sector, in a way that can lead to real career progression.

You'll acquire a specialist knowledge and understanding of some cutting-edge areas of law

### Entry Requirements:

LL.B (Hons) Degree or honours degree in a business or related area (at least second class).

If you have a legal, professional or business background you may submit evidence of post qualification experience.

Students with relevant work experience will be considered and may be accepted following interview with the Programme Leader.

### Tuition Fees:

UK/EU/International Students  
£7,200  
(12 Modules at £600 per module)

### Contact:

Michael Pughley  
Tel. 0208 257 4623  
Michael.Pughley@newham.ac.uk

### About the course:

The LL.M Commercial Law offers professionals in the commercial sector around the world the opportunity to study specialist areas in commercial law. The programme is designed for lawyers and non-lawyers, the focus is on law - with an international flavour. If you are currently employed in a commercial environment you can focus your studies on your professional activities - providing you with immediate benefits in your workplace.

The course content ranges from conceptual theories behind modern commercial activity to practical assignments in which you'll draw from your local jurisdictions. There are three core subjects of study: Commercial Theories, Legal Research Methods and National and International Sale of Goods, after which you choose five further subjects and a suitable subject for your Independent Study. Through the optional modules you can specialise according to your own personal interests.

### What you will cover:

#### Certificate Level:

- Legal Research Methods
- Commercial Theories
- Option 1
- Option 2

#### Diploma Level:

- National and International Sale of Goods
- International Business
- Option 3
- Option 4

#### Masters Level:

- Independent Studies

#### Options may include:

- Commercial Practice
- Corporate Responsibility
- Entrepreneurial Management
- Construction Contracts
- Information Law
- Law of International Trade
- Trade Related Intellectual Property
- Competition and Anti-Trust Law
- Electronic Commercial Law
- European Labour Law
- Employee Relations and Law
- HRM in Context
- International Economic Law
- Regulation of Pensions
- The Law of the Music Industry
- Integrated Management
- Mergers and Acquisitions
- The Law of Art and Antiques
- International Business
- Business Crime
- Corporate Governance

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# Mediation in the Legal Context

## University Centre Stratford Certificate

### Course Code:

### Duration:

Short Course: 60 hours

### Career opportunities:

You will acquire a credible qualification in the growing field of mediation. The Woolf reforms, the Civil Procedure Rules and above all clients' demands for efficient settlement of disputes have created a fresh interest in this ancient practice. Mediation is establishing itself in a wide range of settings such as commercial, workplace, family and property disputes as well as civil court and small claims schemes. The Legal Services Act 2007 will also bring new opportunities to offer services such as mediation within law practices.

This course can provide 15 APL points to transfer to courses within UCS at postgraduate level.

This course provide 30 CPD hours from the Law Society and the Bar Council

### Entry Requirements:

LL.B (Hons) Degree or degree in a business or related area.

If you have a legal, professional or business background you may submit evidence of post qualification experience.

Students with other relevant work experience will be considered and may be accepted following interview with the Programme Leader.

### Tuition Fees:

UK/EU Students: £499  
Non UK/EU: £499

### Contact:

Michael Pughley  
Tel. 0208 257 4623  
Michael.Pughley@newham.ac.uk

### About the course:

This Certificate course provides a unique opportunity to learn about mediation in both a practical and theoretical way. It will give you an excellent understanding of all aspects of mediation within the context of English law and enable you to develop competence as a mediator. Recognising that mediation is an activity best learned by doing, the course also offers numerous opportunities for practice. You will learn about the skills of the mediator, the shape of a mediation session, how to identify people's real interests and how to secure agreement.

### Teaching Format:

The course involves two enjoyable two day sessions and further self-directed learning and online tutorials. Each session is fully interactive, involving discussion, group activities, demonstrations and role-play in a supportive environment, led by experienced practitioners. Notes and course reading are provided for all of the sessions and for subsequent reference.

### What you will cover:

#### Module 1: Conflict, Communication and Mediation

- Introduction to Conflict Theory
- Effective Communication
- Principled Negotiation
- Mediation Models
- Skills practice

#### Module 2: Theoretical, Ethical and Policy Issues in Mediation

- Facilitative v Evaluative Mediation
- Mediation and the Law
- Ethics and Values in Mediation
- Conflict and Culture
- Institutionalisation
- Drafting Written Agreements

#### Module 3: Deepening Our Practice

- Further skills practice with feedback
- Mediation Models and Ethics ii
- Representing Clients in Mediation

#### Module 4: Presentations, Assessment and Feedback

- Mediation recap
- Assessed presentations
- Feedback and Personal Development Plan

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# Introduction to Mediation Skills and Practical Conflict Resolution University Centre Certificate

## Course Code:

## Duration:

Short course: 15 hours  
(option for additional 15 hours of  
accredited self-directed study)

## Career opportunities:

You will acquire a credible qualification in the growing field of mediation. This empowering and popular form of conflict resolution is increasingly used in areas as diverse as family, community, homelessness, education and workplace disputes. Mediation skills can contribute to all aspects of employment, in particular team working, organisational change and working with members of the public.

This course can provide APL undergraduate points to transfer to courses within UCS.

This course is accredited by the Bar Council

## Entry Requirements:

Interest in mediation skills.

## Tuition Fees:

### UK/EU Students

£499 (discount available to  
not for profit organisations)

### Non UK/EU

£499

## Contact:

Michael Pughesley  
Tel. 0208 257 4623  
Michael.Pughesley@newham.ac.uk

## About the course:

This Certificate course provides an introduction to mediation and conflict resolution for those in the public, private and not-for-profit sectors who work with people. It will give you both theoretical understanding and practical experience of what is involved in mediation. Recognising that mediation is an activity best learned by doing, the course also offers numerous opportunities for practice. You will learn about your the skills of the mediator, the shape of a mediation session, how to identify people's real interests and how to secure agreement.

## Teaching Format:

The course runs over one weekend, from Friday to Sunday evening. Each session is fully interactive, involving discussion, group activities, demonstrations and role-play in a supportive environment. Notes and course reading are provided for all of the sessions and for subsequent reference.

## What you will cover:

- The '3 Pillars of Mediation'
- Conflict Theory – understanding the psychological and physiological effects of conflict and our own 'conflict style'
- Good Practice in Communication
- Principled Negotiation – a tried and tested method of problem-solving, popularised by the classic 'Getting to Yes'
- A Five Stage Model of Mediation
- Skills Practice with supportive feedback from experienced practitioners
- Mediation Ethics
- Being a Mediator – conflict resolution and reflective practice
- Mediation and the Law
- Evaluating our Practice

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# Leadership and Management in Further & Higher Education MA (incorporating PG Cert / PG Dip)

**Course Code:**

**Duration:**

Part time 3 years ( many students will be eligible for APEL / APCL for their prior learning and work experience in Further Education up to 50% of total credits)

**Career opportunities:**

While this is a new qualification, similar courses such as the Teacher Education Masters Degrees have run for several years. The programme is designed to support continuous professional development and enabled students to extend successful careers in further education colleges either in or aiming for posts of responsibility. It will be particularly for those working in F&HE colleges but also for those, delivering 14 - 19 education in other contexts, and for adult and community education, training organisations.

Such courses provide an excellent success rate of previous students finding employment.

**Entry Requirements:**

You will need:  
Work experience in the sector  
Most students applying for the MA will have qualifications and experience that can be attract APEL /APCL  
- A recognised teaching qualification appropriate for QTLS and a degree or equivalent

**Tuition Fees:**

£400 per Module

(Newham Staff)  
£200 per module

**Contact:**

Chris Wilkinson  
Tel. 0208 257 4605  
Christine.Wilkinson@newham.ac.uk

**Course Code:**

**About the course:**

The programme has been developed with the needs of busy professionals in mind and offers flexibility in structure and mode of delivery.

It offers the opportunity to undertake study of modules that relate to specific career pathways in Further Education as well as areas of general professional interest. The delivery is via taught sessions, workshop and on-line modes.

This programme is designed to meet a wide range of professional development needs. However it is of particular relevance to the experienced teacher, tutor and trainer in education looking to make progress in their career. The course provides opportunities to explore generic management issues and to explore the challenge of middle and senior management within Post Compulsory Education and Training.

Many participants in the MA Education programme will be teachers with QTLS / QTS. Consideration will be given to those with learning through experience and or qualifications for APEL/APCL (Max. 50% of the credits) where appropriate. However applications are also welcome if you are involved in other areas of education

**What you might cover in the MA**

- Principles of Management
- College Improvement, Leadership & Staff Development
- Managing Support Staff
- Developing Academic Practice in Further & Higher Education
- Developing Creativity in the Classroom
- Monitoring, Assessing, Recording & Reporting Achievement
- Advanced Skills Teaching (FE)
- Financial Management
- Human Resource Management

**Stages of the Award**

Certificate level 2 double modules of 30 credits

Diploma level 2 double modules of 30 credits

Master's Degree Pilot 15 credits and Research Project 45 Credits

The course starts with an introduction to theories of teaching and learning combined with assessment. Throughout, you'll be reflecting on and evaluating the teaching and learning methods being used, as part of the continuous professional development process.

**Typical content of earlier stage modules:**

:

- Management of Classroom Behaviour
- Human Behaviour and the Public Services
- Challenging Behaviour
- Responding to Challenging People
- 14-16 in Post Compulsory Education  
The Broad Spectrum of the Lifelong Learning Sector

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# Business Psychology with Management BSc (Hons)

**Course Code:**

**Duration:**

Full time 3 years  
Part time 6 years

**Career opportunities:**

Do you want to further your career possibilities as you continue to work? Do you want to use your work experience to develop your knowledge and skills? This course focuses on developing the knowledge and skills you need to progress in your career as you move up the management hierarchy.

**Entry Requirements:**

Please contact UCS for entry requirements.

**Course Validation:**

This course is validated by Derby University.

**Tuition Fees:**

You can take the course one module at a time. Each 15 credit module costs £400. There are 120 credits at each level. (8 Modules)

Your working experience or previous study can enable you to gain Accreditation of Prior Learning (APL) for parts of the course.

**Contact:**

David Arnaud  
Tel. 0208 257 4597  
David.Arnaud@newham.ac.uk

**About the course:**

This work-based course is available for students who are currently connected to organisations. By combining your experience at work with academic study you will learn how to be more effective in your work.

The course is designed to :

- ✓ Prepare you for a career in a rapidly changing business and social environment.
- ✓ Provide a challenging, integrated programme of study that equips you with a sound general knowledge of organisations, their management and the global environments in which they operate.
- ✓ Progressively develop your cognitive, intellectual and practical skills within a relevant business and management context.
- ✓ Progressively develop your transferable graduate skills as a foundation for lifelong learning.
- ✓ Develop your personal, self-learning and team-working skills

Tutors are really enthusiastic about their subject and very approachable so you'll get lots of support. You'll be taught in lectures, small group seminars, practical workshops and via distance learning.

**What you will cover:**

**Level One:**

- Introduction to Business Psychology
- Applied Business Psychology
- Understanding Management in Business Psychology
- Introduction to Human Resource Management
- Organisational Behaviour
- Business Economics

**Level Two:**

- Social Psychology of Business Behaviour
- Work Design and Environment
- Economic Psychology
- Consumer Psychology
- The Psychology of Decision Making & Risk
- Work Psychology and the Individual
- Career and self development
- Employment Law

**Level Three:**

- International Business Ethics
- Psychology of Work and Health
- The Psychology of Creativity and Innovation
- Organisational Dynamics
- Strategic Management
- Management and Leadership
- Independent Study (Dissertation)

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# Psychology and Counselling BSc (Hons)

## Course Code:

## Duration:

Full time 3 years  
Part time 6 years

## Career opportunities:

This course is a great first step towards you becoming a professional counsellor or psychotherapist.

However, you'll develop specialist skills during this course which will open up plenty of other career opportunities for you.

If you're planning to be a counsellor and want the deeper insight that studying Psychology can give you. Or if you're hoping to be a psychologist with a specialist interest in counselling.

Psychology gives you a more detailed view of all the key transferable skills you can use for a whole variety of careers.

## Entry Requirements:

Please contact UCS for entry requirements.

## Tuition Fees:

You can take the course one module at a time. Each 15 credit module costs £300. There are 120 credits at each level.

Your working experience or previous study can enable you to gain Accreditation of Prior Learning (APL) for parts of the course.

## Contact:

David Arnaud  
Tel. 0208 257 4623  
David.Arnaud@newham.ac.uk

## About the course:

This is a work-based course which allows you to develop your professional and academic expertise in tandem.

In the first two years you'll study modules which provide a good understanding of the major areas of Psychology and Counselling. You'll learn about contemporary research into the social, developmental and cognitive dimensions of behaviour. You'll also find out about many aspects and methods used in Psychology with training in the interpersonal skills used in Counselling. In the final year you will design, execute and analyse a piece of original research on a topic of your choice to deepen your knowledge even further.

Our staff is really enthusiastic about their subject and very approachable so you'll get lots of support. You'll be taught in lectures, small group seminars, practical workshops and role-play classes so you'll use your learning practically. Counselling components of the course are taught by fully qualified practising Counsellors and Psychotherapists so they directly relate to real life situations.

## What you will cover:

You will cover modules from:

### Stage One:

- Generic Skills for Psychology;
- Research Methods in Psychology;
- Introduction to Statistics in Psychology;
- Cognitive Psychology;
- Theoretical Aspects of Counselling;
- Issues and Debates in Counselling Psychology;
- Interpersonal Communication Skills and Processes.
- Social Psychology;
- Cognitive Psychology.

### Stage Two:

- Qualitative Methods in Psychology;
- Quantitative Methods and Statistics in Psychology;
- Personality Theory and Testing;
- Professional Codes of Practice and Ethics;
- Engagement and Assessment in Counselling;
- Personality Theory and Testing;
- Thinking and Reasoning;
- Brain and Behaviour;
- Abnormal Psychology;
- Language and Language Development;
- Memory and Perception;
- Social Cognition.

### Stage Three:

- Independent Studies;
- Counselling Theory and Skills in Action;
- Considering Diversity;
- Health Psychology;
- Psychology of Addiction;
- Clinical Psychology across the Lifespan;
- Psychology of Racism;
- Cognitive Science;
- Developmental Cognition;
- Vision and Cognition;
- Psychology of Language Disorders in Children;
- Discourse and Social Psychology;
- Social Psychology in the Contemporary World;
- Autism, Asperger's and ADHD;
- Psychology of Pain.

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# Master of Business Administration (Public Sector)

## MBA (incorporating PG Cert / PG Dip)

**Course Code:**

**Duration:**

Flexible

**Career opportunities:**

The MBA (Public Sector) has significant kudos and clear commercial value. It assists you to develop your critical practice and thinking skills.

For many graduates it has been a catalyst for fast track career development, or has been a basis from which to develop a new career direction.

**Entry Requirements:**

You should normally have:

an Honours degree or equivalent professional qualifications

2-3 years' relevant work experience

Proficiency in English (IELTS 6.0-6.5/TOEFL 550-575 [PC213-232]).

**Tuition Fees:**

PG Cert Modules  
£600 per module (4 in total)  
PG Dip Modules  
£700 per module (4 in total)  
Masters Modules  
£1250 per module (4 in total)

**Contact:**

John Morahan  
Tel. 0208 257 4623  
John.Morahan@newham.ac.uk

**About the course:**

"The growth in consumerism, the requirement for cost savings and an increasingly critical press and public sector have resulted in the virtual reinvention of government...The public sector needs to import and develop management to an unprecedented degree to tackle increased pressure to deliver."

Rt. Hon. V. Bottomley MP 2005

The MBA (Public Sector) is a postgraduate, post-experience course designed in consultation with regional and national employers. We meet the increasing demands from individuals, organisations and regulatory bodies for planned, relevant and essentially practical management development specific to the public sector.

The programme provides a structured course of development of leadership and management skills. It builds on previous knowledge and experience, and you'll develop an integrated and critically aware knowledge and understanding of management, public sector organisations and multi agency and partnership working.

As an MBA student at UCS, you are accredited by the University of Derby, and as such are guaranteed Associate level membership of the Chartered Management Institute (CMI). This is the leading body for Professional Management and enables you to make more of yourself as a manager, get involved in local events and use the Institute's Management Information Centre. This is one of the largest management libraries in the UK and also delivers a wide range of practical online information services to support your needs as you study for a management qualification.

**What you will cover:**

The MBA (Public Sector) is studied part time over three years. It consists of three levels, the Postgraduate Certificate, Postgraduate Diploma and Master's. Each is a recognised qualification in its own right. At the Postgraduate Certificate (CMS) stage you are encouraged to explore, debate and reflect on issues relevant to your work. A central theme of the course is the integration of theory with practice. It ensures an excellent grounding in generic management with specific emphasis on public sector issues. The Postgraduate Diploma (DMS) stage enables you to step back and take a more holistic view of organisations, and to develop more strategic thinking skills. Overall this stage will begin to prepare you for the challenges of managing and leading in a changing world. The final Master's (MBA) stage helps you to further develop your critical thinking skills. The focus is on implementing strategic change, drawing on the concepts and knowledge developed through preceding modules. The emphasis is on the integration of contemporary theory and practice and you will study Leading Strategic Change in the Public Sector, which focuses on strategic change in a range of public and not-for-profit organisations, and the leadership skills and practices required to initiate such changes.

**Certificate Level:**

- Integrated Management
- People Management and Development
- Work Based Project

**Diploma Level:**

- Strategic Management
- Public Policy
- Strategic Finance and Information
- Option 1

**Master Level:**

- Leading Strategic Change in the Public Sector
- Organisational Knowledge
- Research Methods and Independent Study

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# Master of Business Administration

## MBA (incorporating PG Cert / PG Dip)

**Course Code:**

**Duration:**

Flexible

**Career opportunities:**

The MBA is a prestigious qualification that demonstrates a high standard of knowledge and skills within the generic area of management. It has value in the public and private sector, in multinational and small, single site enterprises, and non-profit organisations.

For many past graduates the MBA has been a catalyst for fast track career development, or used as a basis from which to develop a new career direction.

After completing your MBA you may wish to continue to pursue a programme of even more challenge and academic rigour on the Doctorate in Business Administration at The Derbyshire Business School.

**Entry Requirements:**

You should normally have:

An Honours degree or equivalent professional experience.

2-3 years' relevant work experience.

Proficiency in English (IELTS 6.0-6.5/TOEFL 550-575 [PC 213-232]).

**Tuition Fees:**

PG Cert Modules  
£600 per module (4 in total)  
PG Dip Modules  
£700 per module (4 in total)  
Masters Modules  
£1250 per module (4 in total)

**Contact:**

John Morahan  
Tel. 0208 257 4623  
John.Morahan@newham.ac.uk

**About the course:**

The MBA is a postgraduate, post experience course designed in consultation with regional and national employers to equip managers with the skills and knowledge to operate effectively in the current business environment. It offers a progressive and structured framework that enables you to enhance and apply skills of critical and ethical evaluation and synthesis, strategy development and its implementation, enquiry-based learning and independent judgment. You'll develop a deep understanding of the challenges of management and their implementation across core business areas. The emphasis is on integration of theory and practice, with core modules covering managing people, strategies, finance, marketing and operations. On completion of the MBA you will have a much greater awareness of both the theory and practice of management and how these are applied and integrated in the workplace.

As an MBA student at UCS, you are accredited by the University of Derby, and as such guaranteed Associate level membership of the Chartered Management Institute (CMI). This is the leading body for Professional Management and enables you to make more of yourself as a manager, get involved in local events and use the Institute's Management Information Centre.

**What you will cover:**

The programme offers a tailored progression route through three stages which finishes with you gaining the award of the MBA. The first stage provides you with a practical introduction to the key knowledge techniques and skills required to manage effectively in today's organisations. The second stage enables you to step back and take a more overall view of organisations, and to develop more strategic thinking skills. The final stage leading towards your Masters helps you to develop your critical thinking skills further. You'll be enhancing your strategic management expertise as you apply your learning to current business issues and scenarios.

**Certificate Level:**

- Integrated Management
- People Management and development
- Marketing and Operations Management

**Diploma Level:**

- Strategic Management
- Strategic Finance and Information
- Option 1
- Option 2

**Masters:**

- Leading Strategic Change
- Research methods and Independent Study
- Option

**Options may include:**

- Project Organisation and Management Improvement
- Managing Quality and Business Improvement
- Customer Behaviour
- Consultancy
- Performance management
- International HRM
- Employee Relations and Law
- Training, learning and Development
- Design, Marketing and Management of Services
- Managing Equality and Diversity
- Pricing and Financial Derivatives
- Organisational Knowledge
- Entrepreneurial Management
- Corporate Responsibility

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# Business Psychology with Management BSc (Hons)

**Course Code:**

**Duration:**

Full time 3 years  
Part time 6 years

**Career opportunities:**

This course is for you if you want to progress your career while you keep working in your organisation. It focuses on developing the knowledge and skills you need to progress in your organisation

**Entry Requirements:**

Please contact UCS for entry requirements.

**Course Validation:**

This course is validated by Derby University.

**Tuition Fees:**

Each 15 credit module costs £500. There are 120 credits at each level (8 Modules)

Your working experience might enable you to APL some modules

**Contact:**

David Arnaud  
Tel. 0208 257 4597  
David.Arnaud@newham.ac.uk

**About the course:**

This work-based course is available for students who are currently connected to organisations.

The course is designed to :

- ✓ Prepare you for a career in a rapidly changing business and social environment.
- ✓ Provide a challenging, integrated programme of study that equips you with a sound general knowledge of organisations, their management and the global environments in which they operate.
- ✓ Progressively develop your cognitive, intellectual and practical skills within a relevant business and management context.
- ✓ Progressively develop your transferable graduate skills as a foundation for lifelong learning.
- ✓ Develop your personal, self-learning and team-working skills

Our staff is really enthusiastic about their subject and very approachable so you'll get lots of support. You'll be taught in lectures, small group seminars, practical workshops and via distance learning.

**What you will cover:**

**Level One:**

- Introduction to Business Psychology
- Applied Business Psychology
- Understanding Management in Business Psychology
- Introduction to Human Resource Management
- Organisational Behaviour
- Business Economics

**Level Two:**

- Social Psychology of Business Behaviour
- Work Design and Environment
- Economic Psychology
- Consumer Psychology
- The Psychology of Decision Making & Risk
- Work Psychology and the Individual
- Career and self development
- Employment Law

**Level Three:**

- International Business Ethics
- Psychology of Work and Health
- The Psychology of Creativity and Innovation
- Organisational Dynamics
- Strategic Management
- Management and Leadership
- Independent Study (Dissertation)

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## Leadership and Management (Learning Through Work) Foundation Degree (Arts)

**Course Code:**

**Duration:**

FT /PT  
Taught &  
Flexible online

**Career opportunities:**

Our students have gained promotion, moved into paid employment and gained new better-paid jobs often as a direct outcome of such courses.

There are also opportunities for students to progress to higher degrees and other professional education.

**Entry Requirements:**

Experience of Learning but not necessarily traditional qualifications and work (on a voluntary or paid basis) and a capacity to study at Foundation Degree level.

**Tuition Fees:**

£450 per module  
(most students are able to access assistance / loans etc)

**Contact**

David Arnaud  
Tel. 0208 257 4597  
David.Arnaud@newham.ac.uk

**About the course:**

Learning Through Work is based on the simple fact that people don't always need to attend college or University to learn, because learning is part of everyday working life. You can take predesigned courses where the content is set, and with guidance identify a programme of study to meet your individual development needs. You need to be in work to be able to take modules within this pathway but this can be in a paid or voluntary capacity.

You can gain a University qualification by studying part-time while working, using your experiences to apply and develop your new learning.

Learning through Work is a totally flexible programme. The course is particularly suitable for non-traditional learners with considerable work experience, many of whom have not enjoyed their education previously but who have valuable experience of life and working in the commercial or public sectors. It's a flexible course that's offered on a full or part time basis - although it's classed as a full time course you're only required to attend one day a week.

**What you may cover:**

**Year 1 modules**

- Organizational Environment
- Personal Vocational Development
- Working with People
- Communication and ICT
- The Learning Contract
- Managing Change

**Year 2 Modules**

- Management and Organisational Development
- Leadership Preparation for Work Based Project
- Work Based Project
- Managing Financial Resources
- Leadership at Work

Plus a range of modules which suit you and your developmental needs

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